

TINCTURES, SPRAYS, PILLS, & CAPSULES



What do they look like?



The Numbers



Effects of using tinctures can be felt in about **15 minutes** or so.

Typically, the effects of tinctures last about **4 hours**.



The THC and/or CBD in these products is/are **absorbed through the mucus membrane** in the mouth or in the gastrointestinal system.

Note



These products are often labeled with dosage & ingredients, but the **clarity and accuracy can vary** widely from brand to brand.

These products are **not closely regulated**, so there is no way to really know what they really contain.

What is a Tincture/ Spray/ Pill/Capsule?



TINCTURES & SPRAYS

Oil or alcohol-based liquids containing cannabis.



PILLS & CAPSULES

Pills and capsules contain cannabis, usually floating in an oil.



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