

VAPING CANNABIS



What do they look like?

- Vapes can look like flash drives or pens.
- They consist of concentrated cannabis oil, a battery, a mouthpiece, and other chemicals.

The Numbers



It takes **5-10 seconds** for the THC to reach the brain and for the effects to be felt.

The high lasts about **30 minutes to several hours**.

In a vape pen, cannabis oil is not 'vaporized'; it is actually **aerosolized**.

The THC concentration **depends on the oil used**, which is often mislabeled.

Vaping is **NOT harmless**.

Note



Inhaling smoke of any kind causes **damage to the respiratory system**.

Sharing these devices puts users at risk of getting herpes, mono, and colds.

What is a "vape"?

- Vapes are e-cigarette devices used to inhale and exhale aerosol.
- Concentrated cannabis oil or wax is heated and **turned into an aerosol, not a vapor**.



Using "vape" products is not a harmless alternative to smoking, it's just another form of smoking cannabis.



Stanford
MEDICINE

REACH Lab